

# Postural Assessment Scale for Stroke Patients (PASS) Scoring Form

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## Maintaining a Posture

Give the subject instructions for each item as written below. When scoring the item, record the lowest response category that applies for each item.

### 1. Sitting Without Support

Examiner: Have the subject sit on a bench/mat without back support and with feet flat on the floor.

- \_\_\_ (3) Can sit for 5 minutes without support
- \_\_\_ (2) Can sit for more than 10 seconds without support
- \_\_\_ (1) Can sit with slight support (for example, by 1 hand)
- \_\_\_ (0) Cannot sit

### 2. Standing With Support

Examiner: Have the subject stand, providing support as needed. Evaluate only the ability to stand with or without support. Do not consider the quality of the stance.

- \_\_\_ (3) Can stand with support of only 1 hand
- \_\_\_ (2) Can stand with moderate support of 1 person
- \_\_\_ (1) Can stand with strong support of 2 people
- \_\_\_ (0) Cannot stand, even with support

### 3. Standing Without Support

Examiner: Have the subject stand without support. Evaluate only the ability to stand with or without support. Do not consider the quality of the stance.

- \_\_\_ (3) Can stand without support for more than 1 minute and simultaneously perform arm movements at about shoulder level
- \_\_\_ (2) Can stand without support for 1 minute or stands slightly asymmetrically
- \_\_\_ (1) Can stand without support for 10 seconds or leans heavily on 1 leg
- \_\_\_ (0) Cannot stand without support

### 4. Standing on Nonparetic Leg

Examiner: Have the subject stand on the nonparetic leg. Evaluate only the ability to bear weight entirely on the nonparetic leg. Do not consider how the subject accomplishes the task.

- \_\_\_ (3) Can stand on nonparetic leg for more than 10 seconds
- \_\_\_ (2) Can stand on nonparetic leg for more than 5 seconds
- \_\_\_ (1) Can stand on nonparetic leg for a few seconds
- \_\_\_ (0) Cannot stand on nonparetic leg

### 5. Standing on Paretic Leg

Examiner: Have the subject stand on the paretic leg. Evaluate only the ability to bear weight entirely on the paretic leg. Do not consider how the subject accomplishes the task.

- \_\_\_ (3) Can stand on paretic leg for more than 10 seconds
- \_\_\_ (2) Can stand on paretic leg for more than 5 seconds
- \_\_\_ (1) Can stand on paretic leg for a few seconds
- \_\_\_ (0) Cannot stand on paretic leg

**Maintaining Posture SUBTOTAL** \_\_\_\_\_

## Changing a Posture

### 6. Supine to Paretic Side Lateral

Examiner: Begin with the subject in supine on a treatment mat. Instruct the subject to roll to the paretic side (lateral movement). Assist as necessary. Evaluate the subject's performance on the amount of help required. Do not consider the quality of performance.

- \_\_\_ (3) Can perform without help
- \_\_\_ (2) Can perform with little help
- \_\_\_ (1) Can perform with much help
- \_\_\_ (0) Cannot perform

### 7. Supine to Nonparetic Side Lateral

Examiner: Begin with the subject in supine on a treatment mat. Instruct the subject to roll to the nonparetic side (lateral movement). Assist as necessary. Evaluate the subject's performance on the amount of help required. Do not consider the quality of performance.

- \_\_\_ (3) Can perform without help
- \_\_\_ (2) Can perform with little help
- \_\_\_ (1) Can perform with much help
- \_\_\_ (0) Cannot perform

### 8. Supine to Sitting Up on the Edge of the Mat

Examiner: Begin with the subject in supine on a treatment mat. Instruct the subject to come to sitting on the edge of the mat. Assist as necessary. Evaluate the subject's performance on the amount of help required. Do not consider the quality of performance.

- \_\_\_ (3) Can perform without help
- \_\_\_ (2) Can perform with little help
- \_\_\_ (1) Can perform with much help
- \_\_\_ (0) Cannot perform

**9. Sitting on the Edge of the Mat to Supine**

Examiner: Begin with the subject sitting on the edge of a treatment mat. Instruct the subject to return to supine. Assist as necessary. Evaluate the subject's performance on the amount of help required. Do not consider the quality of performance.

- \_\_\_ (3) Can perform without help
- \_\_\_ (2) Can perform with little help
- \_\_\_ (1) Can perform with much help
- \_\_\_ (0) Cannot perform

**10. Sitting to Standing Up**

Examiner: Begin with the subject sitting on the edge of a treatment mat. Instruct the subject to stand up without support. Assist if necessary. Evaluate the subject's performance on the amount of help required. Do not consider the quality of performance.

- \_\_\_ (3) Can perform without help
- \_\_\_ (2) Can perform with little help
- \_\_\_ (1) Can perform with much help
- \_\_\_ (0) Cannot perform

**11. Standing Up to Sitting Down**

Examiner: Begin with the subject standing by the edge of a treatment mat. Instruct the subject to sit on edge of mat without support. Assist if necessary. Evaluate the subject's performance on the amount of help required. Do not consider the quality of performance.

- \_\_\_ (3) Can perform without help
- \_\_\_ (2) Can perform with little help
- \_\_\_ (1) Can perform with much help
- \_\_\_ (0) Cannot perform

**12. Standing, Picking Up a Pencil from the Floor**

Examiner: Begin with the subject standing. Instruct the subject to pick up a pencil from the floor without support. Assist if necessary. Evaluate the subject's performance on the amount of help required. Do not consider the quality of performance.

- \_\_\_ (3) Can perform without help
- \_\_\_ (2) Can perform with little help
- \_\_\_ (1) Can perform with much help
- \_\_\_ (0) Cannot perform

**Changing Posture SUBTOTAL** \_\_\_\_\_

**TOTAL** \_\_\_\_\_